

## **When To Keep Your Child Home From School**

We have provided some basic guidelines on common health problems in school children. Please use this information as a reference when deciding when to keep your child home from school. In general, if your child is not well enough to sit in class during the school day, please keep her/him home.

**Common Cold:** If your child has a frequent and persistent cough that would interfere with their learning please keep him/her home.

**Fever:** A child must be fever free (under 100.4 F) for 24 hours before returning to school. Check your child's temperature in the morning before giving any fever reducing medication. Children should not come to school if they would have a fever without medicine. Encourage your child to drink plenty of fluid.

**Diarrhea/Vomiting:** - A child must be free of all vomiting and diarrhea for 24 hours before returning to school.

**Strep Throat:** Children who have tested positive for strep throat may return to school after taking medication for 12 hours and are feeling well enough to attend school. Consider replacing your child's toothbrush to reduce the risk of reinfection.

Please remind your children to wash their hands frequently with soap and water. This helps to reduce the incidence of illness. If you have any questions about when to send your child to school, please contact the school nurse.